| P1-Offside / Illegal Motion - 5 yards | P1-Offside / Illegal Motion - 5 yards |
| :---: | :---: |
| P2 - Unsportsmen Like Conduct - 10 yards | P2 - Unsportsmen Like Conduct - 10 yards |
| P3-Unnecessary Roughness - 10 yards | P3-Unnecessary Roughness - 10 yards |
| P4 - Illegal Flag Pulling 5 yards and 1st Down | P4 - Illegal Flag Pulling 5 yards and 1st Down |
| P5 - Inadvertent Tackle 5 yards form point of infraction and renew down | P5 - Inadvertent Tackle 5 yards form point of infraction and renew down |
| P6 - Roughing The Passer 5 yards and renew down | P6 - Roughing The Passer 5 yards and renew down |
| P7- Tackling on purpose - Considered Unnecessary Roughness | P7 - Tackling on purpose - Considered Unnecessary Roughness |
| P8 - Illegal use of Hands / Holding - 10 yards | P8 - Illegal use of Hands / Holding - 10 yards |
| P9 - Leaving Feet While Blocking - 10 yards | P9 - Leaving Feet While Blocking - 10 yards |
| P10 - Hurdling - 10 yards From Point of Infraction | P10 - Hurdling - 10 yards From Point of Infraction |
| P11-Stiff Arming - 10 yards from Point of Infraction | P11-Stiff Arming - 10 yards from Point of Infraction |
| P12-Flag Guarding - 5 yards from Point of Infraction | P12-Flag Guarding - 5 yards from Point of Infraction |
| P13-Defensive Pass Interference - Ball is Spotted at Point of Infraction | P13-Defensive Pass Interference - Ball is Spotted at Point of Infraction |
| Plus an Automatic 1st Down, Infraction in End zone ball is place at 1 yd. line | Plus an Automatic 1st Down, Infraction in End zone ball is place at 1 yd. line |
| P14-Offensive Pass Interference - 10 yards From the Line of Scrimmage | P14-Offensive Pass Interference - 10 yards From the Line of Scrimmage |
| Plus the Loss of That Down | Plus the Loss of That Down |
| P15-Clipping - 10 yards | P15-Clipping - 10 yards |
| P16-Half the Distance Will Occur on a 10 yard Penalty Inside the 20 or | P16-Half the Distance Will Occur on a 10 yard Penalty Inside the 20 or |
| on a 5 yard Penalty Inside the 10 | on a 5 yard Penalty Inside the 10 |
| P17-Illegal Procedure - 5 yards | P17-Illegal Procedure - 5 yards |

